

An e-flyer (below) for a new vacation package to Couples Resort in Negril, Jamaica. All text mine.



journey into yourself and each other

## THE MINDFUL-BODY VACATION

APRIL 29<sup>TH</sup> – MAY 6<sup>TH</sup>, 2007

NEGRIL, JAMAICA

WITH OUR NEW MINDFUL-BODY EXPERIENCE, YOU'RE NOT ONLY WELCOME TO ENJOY ALL THE WONDERFUL AMENITIES ASSOCIATED WITH COUPLES RESORTS, BUT YOU'LL ALSO HAVE THE CHANCE TO OPEN YOUR MIND, FREE YOUR THOUGHTS, AND AWAKEN YOUR BODY WITH SOME OF THE MOST STIMULATING YOGA SESSIONS TODAY. ROUSE THE MUSCLES AND THE MIND WITH OUR OM IN THE A.M. YOGA, UNWIND WITH THE HEALING NATURE OF THAI MASSAGE, UNVEIL THE POTENT POWER OF TANTRA YOGA, OR MOVE AND BREATHE AS ONE WITH THE INNOVATIVE PARTNER YOGA. WHETHER YOU TAKE ADVANTAGE OF OUR YOGA SESSIONS ALONE OR AS A COUPLE, THE MINDFUL-BODY VACATION WILL LEAVE YOU WITH A PEACEFUL MIND, A RADIANT INNER-GLOW, AND NEW-FOUND CONNECTION THAT WILL LAST A LIFETIME.

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